

# Electromagnetic pollution from phone masts. Effects on wildlife

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## Abstract

A review on the impact of radiofrequency radiation from wireless telecommunications on wildlife is presented. Electromagnetic radiation is a form of environmental pollution which may hurt wildlife. Phone masts located in their living areas are irradiating continuously some species that could suffer long-term effects, like reduction of their natural defenses, deterioration of their health, problems in reproduction and reduction of their useful territory through habitat deterioration. Electromagnetic radiation can exert an aversive behavioral response in rats, bats and birds such as sparrows. Therefore microwave and radiofrequency pollution constitutes a potential cause for the decline of animal populations and deterioration of health of plants living near phone masts. To measure these effects urgent specific studies are necessary.

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## 1. Introduction

Life has evolved under the influence of two omnipresent forces: gravity and electromagnetism. It should be expected that both play important roles in the functional activities of organisms [1]. Before the 1990's radiofrequencies were mainly from a few radio and television transmitters, located in remote areas and/or very high places. Since the introduction of wireless telecommunication in the 1990's the rollout of phone networks has caused a massive increase in electromagnetic pollution in cities and the countryside [2,3].

Multiple sources of mobile communication result in chronic exposure of a significant part of the wildlife (and man) to microwaves at non-thermal levels [4]. In recent years, wildlife has been chronically exposed to microwaves and RFR (Radiofrequency radiation) signals from various sources, including GSM and UMTS/3G wireless phones and base stations, WLAN (Wireless Local Area Networks), WPAN (Wireless Personal Area Networks such as Bluetooth), and DECT (Digital Enhanced (former European) Cordless Telecommunications) that are erected indiscriminately without studies of environmental impact measuring

long-term effects. These exposures are characterized by low intensities, varieties of signals, and long-term durations. The greater portion of this exposure is from mobile telecommunications (geometric mean in Vienna: 73% [5]). In Germany the GSM cellular phone tower radiation is the dominating high frequency source in residential areas [6]. Also GSM is the dominating high frequency source in the wilderness of Spain (personal observation).

Numerous experimental data have provided strong evidence of athermal microwave effects and have also indicated several regularities in these effects: dependence of frequency within specific frequency windows of “resonance-type”; dependence on modulation and polarization; dependence on intensity within specific intensity windows, including super-low power density comparable with intensities from base stations/masts [4,7–9]. Some studies have demonstrated different microwave effects depending on wavelength in the range of mm, cm or m [10,11]. Duration of exposure may be as important as power density. Biological effects resulting from electromagnetic field radiation might depend on dose, which indicates long-term accumulative effects [3,9,12]. Modulated and pulsed radiofrequencies seem to be more effective in producing effects [4,9]. Pulsed waves (in blasts), as well as certain low frequency modulations exert greater

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biological activity [11,13–15]. This observation is important because cell phone radiation is pulsed microwave radiation modulated at low frequencies [8,9].

Most of the attention on possible biological effects of electromagnetic radiation from phone masts has been focused on human health [5,16–21]. The effects of electromagnetic pollution on wildlife, have scarcely been studied [22–25].

The objective of this review is to detail advances in knowledge of radiofrequencies and microwave effects on wildlife. Future research may help provide a better understanding of electromagnetic field (EMF) effects on wildlife and plants and their conservation.

## 2. Effects on exposed wildlife

### 2.1. Effects on birds

#### 2.1.1. Effects of phone mast microwaves on white stork

In monitoring a white stork (*Ciconia ciconia*) population in Valladolid (Spain) in vicinity of Cellular Phone Base Stations, the total productivity in nests located within 200 m of antennae, was  $0.86 \pm 0.16$ . For those located further than 300 m, the result was practically doubled, with an average of  $1.6 \pm 0.14$ . Very significant differences among total productivity were found ( $U=240$ ;  $P=0.001$ , Mann–Whitney test). Twelve nests (40%) located within 200 m of antennae never had chicks, while only one (3.3%) located further than 300 m had no chicks. The electric field intensity was higher on nests within 200 m ( $2.36 \pm 0.82$  V/m) than nests further than 300 m ( $0.53 \pm 0.82$  V/m). In nesting sites located within 100 m of one or several cellsite antennae with the main beam of radiation impacting directly (Electric field intensity  $>2$  V/m) many young died from unknown causes. Couples frequently fought over nest construction sticks and failed to advance the construction of the nests. Some nests were never completed and the storks remained passively in front of cellsite antennae. These results indicate the possibility that microwaves are interfering with the reproduction of white stork [23]. (Fig. 1)

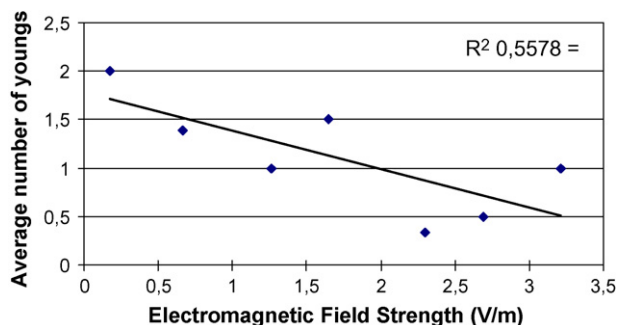


Fig. 1. Average number of young and electric field intensity (V/m) in 60 nests of white storks (*Ciconia ciconia*) (Hallberg, Ö with data of Balmori, 2005 [23]).

#### 2.1.2. Effects of phone mast microwaves on house sparrows

A possible effect of long-term exposure to low-intensity electromagnetic radiation from mobile phone (GSM) base stations on the number of house sparrows during the breeding season was studied in Belgium. The study was carried out sampling 150 point locations within six areas to examine small-scale geographic variation in the number of house sparrow males and the strength of electromagnetic radiation from base stations. Spatial variation in the number of house sparrow males was negative and highly significantly related to the strength of electric fields from both the 900 and 1800 MHz downlink frequency bands and from the sum of these bands (Chi-square-tests and AIC-criteria,  $P < 0.001$ ). This negative relationship was highly similar within each of the six study areas, despite differences among areas in both the number of birds and radiation levels. Fewer house sparrow males were seen at locations with relatively high electric field strength values of GSM base stations and therefore support the notion that long-term exposure to higher levels of radiation negatively affects the abundance or behavior of house sparrows in the wild [24].

In another study with point transect sampling performed at 30 points visited 40 times in Valladolid (Spain) between 2002 and 2006, counting the sparrows and measuring the mean electric field strength (radiofrequencies and microwaves: 1 MHz to 3 GHz range). Significant declines ( $P=0.0037$ ) were observed in mean bird density over time, and significantly low bird density was observed in areas with high electric field strength. The logarithmic regression of the mean bird density vs. field strength groups (considering field strength in 0.1 V/m increments) was  $R = -0.87$ ;  $P = 0.0001$ . According to this calculation, no sparrows would be expected to be found in an area with field strength  $>4$  V/m [25]. (Fig. 2)

In the United Kingdom a decline of several species of urban birds, especially sparrows, has recently happened [26]. The sparrow population in England has decreased in the last 30 years from 24 million to less than 14. The more abrupt decline, with 75% descent has taken place from 1994 to 2002. In 2002, the house sparrow was added to the Red List of U.K. endangered species [27]. This coincides with the rollout of mobile telephony and the

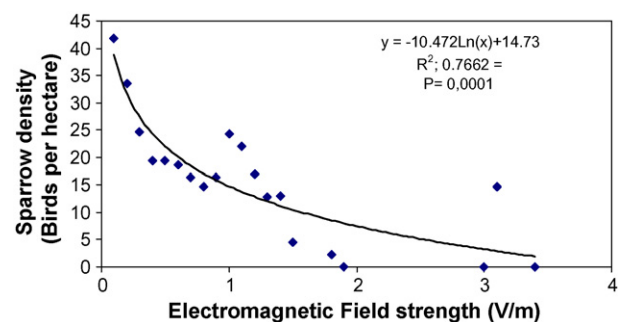


Fig. 2. Mean sparrow density as a function of electric field strength grouped in 0.1 V/m. (Balmori and Hallberg, 2007 [25]).

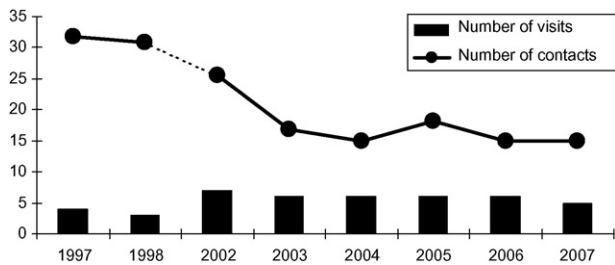


Fig. 3. Annual number of contacts (Mean) for 14 species studied in “Campo Grande” urban park (lack the information of the years 1999–2001).

possible relationship of both circumstances should be investigated.

In Brussels, many sparrows have disappeared recently [28]; similar declines have been reported in Dublin [29]. Van der Poel (cited in Ref. [27]) suggested that sparrows might be declining in Dutch urban centres also.

### 2.1.3. Effects on the bird community at an urban park

Microwaves may be affecting bird populations in places with high electromagnetic pollution. Since several antennas were installed in proximities of “Campo Grande” urban park (Valladolid, Spain) the bird population has decreased and a reduction of the species and breeding couples has occurred. Between 1997 and 2007, of 14 species, 3 species have disappeared, 4 are in decline and 7 stay stable (Balmori, unpublished data) (Fig. 3). In this time the air pollution (SO<sub>2</sub>, NO<sub>2</sub>, CO and Benzene) has diminished.

During the research some areas called “silence areas” contaminated with high microwave radiation (>2 V/m), where previously different couples usually bred and later disappeared, have been found. Several anomalies in magpies (*Pica pica*) were detected: plumage deterioration, locomotive problems (limps and deformations in the paws), partial albinism and melanism, especially in flanks [30]. Recently cities have increased cases of partial albinism and melanism in birds (*Passer domesticus*, *Turdus merula* and *P. pica*) (personal observation).

### 2.1.4. Possible physiological mechanisms of the effects found in birds

Current scientific evidence indicates that prolonged exposure to EMFs, at levels that can be encountered in the environment, may affect immune system function by affecting biological processes [3,31,32]. A stressed immune system may increase the susceptibility of a bird to infectious diseases, bacteria, viruses, and parasites [33].

The plumage of the birds exposed to microwaves looked, in general, discolored and lack of shine. This not only occurred in ornamental birds; such as peacocks, but also in wild birds; such as, tits, great tits, house sparrows, etc (personal observation). We must mention that plumage deterioration is the first sign of weakening or illnesses in birds since damaged feathers are a sure sign of stress.

Physiological conditions during exposure minimize microwave effects. Radical scavengers/antioxidants might be involved in effects of microwaves [4].

Microwaves used in cellphones produce an athermal response in several types of neurons of the birds nervous system [34]. Several studies addressed behavior and teratology in young birds exposed to electromagnetic fields [23,25,35–37]. Most studies indicate that electromagnetic field exposure of birds generally changes, but not always consistently in effect or in direction, their behavior, reproductive success, growth and development, physiology and endocrinology, and oxidative stress [37]. These results can be explained by electromagnetic fields affecting the birds’ response to the photoperiod as indicated by altered melatonin levels [38].

Prolonged mobile phone exposure may have negative effects on sperm motility characteristics and male fertility as has been demonstrated in many studies made in man and rats [39–46]. EMF and microwaves can affect reproductive success in birds [23,25,35,36,47]. EMF exposure affected reproductive success of kestrels (*Falco sparverius*), increasing fertility, egg size, embryonic development and fledging success but reducing hatching success [35,36].

The radiofrequency and microwaves from mobile telephony can cause genotoxic effects [48–55]. Increases in cytological abnormalities imply long-term detrimental effects since chromosomal damage is a mechanism relevant to causation of birth defects and cancer [55].

Long-term continuous, or daily repeated EMF exposure can induce cellular stress responses at non-thermal power levels that lead to an accumulation of DNA errors and to inhibition of cell apoptosis and cause increased permeability of blood–brain barrier due to stabilization of endothelial cell stress fibers. Repeated occurrence of these events over a long period of time (years) could become a health hazard due to a possible accumulation of brain tissue damage. These findings have important implications with regards to potential dangers from prolonged and repeated exposure to non-ionizing radiation [56,57].

Pulsed magnetic fields can have a significant influence on the development and incidence of abnormalities in chicken embryos. In five of six laboratories, exposed embryos exhibited more structural anomalies than controls. If the data from all six laboratories are pooled, the difference for the incidence of abnormalities in exposed embryos and controls is highly significant [58]. Malformations in the nervous system and heart, and delayed embryo growth are observed. The embryo is most sensitive to exposure in the first 24 h of incubation [58]. An increase in the mortality [59] and appearance of morphological abnormalities, especially of the neural tube [13,60,61] has been recorded in chicken embryos exposed to pulsed magnetic fields, with different susceptibility among individuals probably for genetic reasons. A statistically significant high mortality rate of chicken embryos subjected to radiation from a cellphone, compared to the control group exists [62,63]. In another study eggs exposed to a magnetic

field intensity of 0.07 T showed embryonic mortality during their incubation was higher. The negative effect of the magnetic field was manifested also by a lower weight of the hatched chicken [64]. Bioelectric fields have long been suspected to play a causal role in embryonic development. Alteration of the electrical field may disrupt the chemical gradient and signals received by embryo cells. It appears that in some manner, cells sense their position in an electrical field and respond appropriately. The disruption of this field alters their response. Endogenous current patterns are often correlated with specific morphogenetic events [65].

Available data suggests dependencies of genotype, gender, physiological and individual factors on athermal microwave effects [4,9]. Genomic differences can influence cellular responses to GSM Microwaves. Data analysis has highlighted a wide inter-individual variability in response, which was replicated in further experiments [4]. It is possible that each species and each individual, show different susceptibility to radiation, since vulnerability depends on genetic tendency, and physiologic and neurological state of the irradiated organism [15,35–37,61,66–68]. Different susceptibility of each species has also been proven in wild birds exposed to electromagnetic fields from high-voltage power lines [47].

## 2.2. Effects on mammals

### 2.2.1. Alarm and aversion behavior

Rats spent more time in the halves of shuttle boxes that were shielded from 1.2 GHz. Microwaves irradiation. The average power density was about 0.6 mW/cm<sup>2</sup>. Data revealed that rats avoided the pulsed energy, but not the continuous energy, and less than 0.4 mW/cm<sup>2</sup> average power density was needed to produce aversion [69]. Navakatikian & Tomashevskaya [70] described a complex series of experiments in which they observed disruption of rat behavior (active avoidance) from radiofrequency radiation. Behavioral disruption was observed at a power density as low as 0.1 mW/cm<sup>2</sup> (0.027 W/kg). Mice in an experimental group exposed to microwave radiation expressed visible individual panic reaction, disorientation and a greater degree of anxiety. In the sham exposed group these deviations of behavior were not seen and all animals show collective defense reaction [71]. Microwave radiation at 1.5 GHz pulsing 16 ms. At 0.3 mW/cm<sup>2</sup> power density, in sessions of 30 min/day over one month produced anxiety and alarm in rabbits [72].

Electromagnetic radiation can exert an aversive behavioral response in bats. Bat activity is significantly reduced in habitats exposed to an electromagnetic field strength greater than 2 V/m [73]. During a study in a free-tailed bat colony (*Tadarida teniotis*) the number of bats decreased when several phone masts were placed 80 m from the colony [74].

### 2.2.2. Deterioration of health

Animals exposed to electromagnetic fields can suffer a deterioration of health and changes in behavior [75,76].

There was proof of frequent death in domestic animals; such as, hamsters and guinea pigs, living near mobile telecommunication base stations (personal observation).

The mice in an experimental group exposed to microwave radiation showed less weight gain compared to control, after two months. The amount of food used was similar in both groups [71]. A link between electromagnetic field exposure and higher levels of oxidative stress appears to be a major contributor to aging, neurodegenerative diseases, immune system disorders, and cancer in mammals [33].

The effects from GSM base transceiver station (BTS) frequency of 945 MHz on oxidative stress in rats were investigated. When EMF at a power density of 3.67 W/m<sup>2</sup>, below current exposure limits, were applied, MDA (malondialdehyde) level was found to increase and GSH (reduced glutathione) concentration was found to decrease significantly ( $P < 0.0001$ ). Additionally, there was a less significant ( $P = 0.0190$ ) increase in SOD (superoxide dismutase) activity under EM exposure [77].

### 2.2.3. Problems in reproduction

In the town of Casavieja (Ávila, Spain) a telephony antenna was installed that had been in operation for about 5 years. Then some farmers began blaming the antenna for miscarriages in many pigs, 50–100 m from the antenna (on the outskirts of the town). Finally the topic became so bad that the town council decided to disassemble the antenna. It was removed in the spring 2005. From this moment onwards the problems stopped (C. Lumbreras personal communication).

A Greek study reports a progressive drop in the number of rodent births exposed to radiofrequencies. The mice exposed to 0.168  $\mu$ W/cm<sup>2</sup> become sterile after five generations, while those exposed to 1.053  $\mu$ W/cm<sup>2</sup> became sterile after only three generations [22].

In pregnant rats exposed to 27.12 MHz continuous waves at 100  $\mu$ W/cm<sup>2</sup> during different periods of pregnancy, half the pregnancies miscarried before the twentieth day of gestation, compared to only a 6% miscarriage rate in unexposed controls, and 38% of the viable foetuses had incomplete cranial ossification, compared to less than 6% of the controls. Findings included a considerable increase in the percentage of total reabsorptions (post-implantation losses consequent to RF radiation exposure in the first post-implantation stage). Reduced body weight in the exposed dams reflected a negative influence on their health. It seems that the irradiation time plays an important role in inducing specific effects consequent to radiofrequency radiation exposure [78]. There was also a change in the sex ratio, with more males born to rats that had been irradiated from the time of conception [2]. Moorhouse and Macdonald [79] find a substantial decline in female Water Vole numbers in the radio-collared population, apparently resulting from a male skew in the sex ratios of offspring born to this population. Recruits to the *radio-tracked* population were skewed heavily in favour of males (43:13). This suggests that radio-collaring of females caused male-skewed sex ratios.

Mobile phone exposure may have negative effects on sperm motility characteristics and male fertility in rats [46]. Other studies find a decrease of fertility, increase of deaths after birth and dystrophic changes in their reproductive organs [11]. Intermittent exposure showed a stronger effect than continuous exposure [4]. Brief, intermittent exposure to low-frequency EM fields during the critical prenatal period for neurobehavioral sex differentiation can demasculinize male scent marking behavior and increase accessory sex organ weights in adulthood [80].

In humans, magnetic field exposures above 2.0 mG were positively associated with miscarriage risk [81]. Exposure of pregnant women to mobile phone significantly increased foetal and neonatal heart rate, and significantly decreased the cardiac output [82].

#### 2.2.4. Nervous system

Microwaves may affect the blood brain barrier which lets toxic substances pass through from the blood to the brain [83]. Adang et al. [84] examined the effect of microwave exposure to a GSM-like frequency of 970 MHz pulsed waves on the memory in rats by means of an object recognition task. The rats that have been exposed for 2 months show normal exploratory behavior. The animals that have been exposed for 15 months show derogatory behavior. They do not make the distinction between a familiar and an unfamiliar object. In the area that received radiation directly from “Location Skrunda Radio Station” (Latvia), exposed children had less developed memory and attention, their reaction time was slower and neuromuscular apparatus endurance was decreased [85]. Exposure to cell phones prenatally and, to a lesser degree, postnatally was associated with behavioral difficulties such as emotional and hyperactivity problems around 7 years of age [86]. Electromagnetic radiation caused modification of sleep and alteration of cerebral electric response (EEG) [87–89]. Microwave radiation from phone masts may cause aggressiveness in people and animals (personal observation).

#### 2.3. Effects on amphibians

Disappearance of amphibians and other organisms is part of the global biodiversity crisis. An associated phenomenon is the appearance of large numbers of deformed amphibians. The problem has become more prevalent, with deformity rates up to 25% in some populations, which is significantly higher than previous decades [90]. Balmori [91] proposed that electromagnetic pollution (in the microwave and radiofrequency range) is a possible cause for deformations and decline of some wild amphibian populations.

Two species of amphibians were exposed to magnetic fields at various stages of development. A brief treatment of early amphibian embryos produced several types of abnormalities [92]. Exposure to a pulsed electromagnetic field produced abnormal limb regeneration in adult Newts [93]. Frog tadpoles (*Rana temporaria*) developed under electro-

magnetic field (50 Hz, 260 A/m) have increased mortality. Exposed tadpoles developed more slowly and less synchronously than control tadpoles and remain at the early stages for longer. Tadpoles developed allergies and EMF caused changes in blood counts [94].

In a current study exposing eggs and tadpoles ( $n=70$ ) of common frog (*R. temporaria*) for two months, from the phase of eggs until an advanced phase of tadpole, to four telephone base stations located 140 m away: with GSM system 948.0–959.8 MHz; DCS system: 1830.2–1854.8; 1855.2–1879.8 MHz. and UMTS system: 1905–1910; 1950–1965; 2140–2155 MHz. (electric field intensity: 1.847–2.254 V/m). A low coordination of movements, an asynchronous growth, with big and small tadpoles, and a high mortality (90%) was observed. The control group ( $n=70$ ), under the same conditions but inside a Faraday cage (metallic shielding component: EMC-reinforcement fabrics 97442 Marburg Technik), the coordination of movements was normal, the development was synchronously and the mortality rate was only 4.2% [95].

#### 2.4. Effects on insects

The microwaves may affect the insects. Insects are the basis and key species of ecosystems and they are especially sensitive to electromagnetic radiation that poses a threat to nature [96].

Carpenter and Livstone [97] irradiated pupae of *Tenebrio molitor* with 10 GHz microwaves at 80 mW for 20–30 min and 20 mW for 120 min obtained a rise in the proportion of insects with abnormalities or dead. In another study exposing fruit flies (*Drosophila melanogaster*) to mobile phone radiation, elevated stress protein levels (Hsp70) was obtained, which usually means that cells are exposed to adverse environmental conditions (‘non-thermal shock’) [98]. Panagopoulos et al. [99] exposed fruit flies (*D. melanogaster*) to radiation from a mobile phone (900 MHz) during the 2–5 first days of adulthood. The reproductive capacity of the species reduced by 50–60% in modulated radiation conditions (emission while talking on the phone) and 15–20% with radiation nomodulated (with the phone silent). The results of this study indicate that this radiation affects the gonadal development of insects in an athermal way. The authors concluded that radio frequencies, specifically GSM, are highly bioactive and provoke significant changes in physiological functions of living organisms. Panagopoulos et al. [100] compare the biological activity between the two systems GSM 900 MHz and DCS 1800 MHz in the reproductive capacity of fruit flies. Both types of radiation were found to decrease significantly and non-thermally the insect’s reproductive capacity, but GSM 900 MHz seems to be even more bioactive than DCS 1800 MHz. The difference seems to be dependent mostly on field intensity and less on carrier frequency.

A study in South Africa finds a strong correlation between decrease in ant and beetle diversity with the

electromagnetic radiation exposure (D. MacFadyen, personal communication.). A decrease of insects and arachnids near base stations was detected and corroborated by engineers and antenna's maintenance staff [101]. In houses near antennas an absence of flies, even in summer, was found.

In a recent study carried out with bees in Germany, only a few bees irradiated with DECT radiation returned to the beehive and they needed more time. The honeycomb weight was lower in irradiated bees [102]. In recent years a "colony collapse disorder" is occurring that some authors relate with pesticides and with increasing electromagnetic pollution [96].

The disappearance of insects could have an influence on bird's weakening caused by a lack of food, especially at the first stages in a young bird's life.

### 2.5. Effects on trees and plants

The microwaves may affect vegetables. In the area that received radiation directly from "Location Skrunda Radio Station" (Latvia), pines (*Pinus sylvestris*) experienced a lower growth radio. This did not occur beyond the area of impact of electromagnetic waves. A statistically significant negative correlation between increase tree growth and intensity of electromagnetic field was found, and was confirmed that the beginning of this growth decline coincided in time with the start of radar emissions. Authors evaluated other possible environmental factors which might have intervened, but none had noticeable effects [103]. In another study investigating cell ultrastructure of pine needles irradiated by the same radar, there was an increase of resin production, and was interpreted as an effect of stress caused by radiation, which would explain the aging and declining growth and viability of trees subjected to pulsed microwaves. They also found a low germination of seeds of pine trees more exposed [104]. The effects of Latvian radar was also felt by aquatic plants. *Spirodela polyrrhiza* exposed to a power density between 0.1 and 1.8  $\mu\text{W}/\text{cm}^2$  had lower longevity, problems in reproduction and morphological and developmental abnormalities compared with a control group who grew up far from the radar [105].

Chlorophylls were quantitatively studied in leaves of black locust (*Robinia pseudoacacia* L.) seedlings exposed to high frequency electromagnetic fields of 400 MHz. It was revealed that the ratio of the two main types of chlorophyll was decreasing logarithmically to the increase of daily exposure time [106].

Exposed tomato plants (*Lycopersicon esculentum*) to low level (900 MHz, 5 V/m) electromagnetic fields for a short period (10 min) measured changes in abundance of three specific mRNA after exposure, strongly suggesting that they are the direct consequence of application of radio-frequency fields and their similarities to wound responses suggests that this radiation is perceived by plants as an injurious stimulus [107]. Non-thermal exposure to radiofrequency fields

induced oxidative stress in duckweed (*Lemna minor*) as well as unespecific stress responses, especially of antioxidative enzymes [108].

For some years progressive deterioration of trees near phone masts have been observed in Valladolid (Spain). Trees located inside the main lobe (beam), look sad and feeble, possibly slow growth and a high susceptibility to illnesses and plagues. In places we have measured higher electric field intensity levels of radiation ( $>2$  V/m) the trees show a more notable deterioration [109]. The tops of trees are dried up where the main beams are directed to, and they seem to be most vulnerable if they have their roots close to water. The trees don't grow above the height of the other ones and, those that stand out far above, have dried tops (Hargreaves, personal communication and personal observation). White and black poplars (*Populus sp.*) and willows (*Salix sp.*) are more sensitive. There may be a special sensitivity of this family exists or it could be due to their ecological characteristics forcing them to live near water, and thus electric conductivity. Other species as *Platanus sp.* and *Lygustrum japonicum*, are more resistant (personal observation). Schorpp [110] presents abundant pictures and explanations of what happens to irradiated trees.

### 3. Conclusions

This literature review shows that pulsed telephony microwave radiation can produce effects especially on nervous, cardiovascular, immune and reproductive systems [111]:

- Damage to the nervous system by altering electroencephalogram, changes in neural response or changes of the blood–brain barrier.
- Disruption of circadian rhythms (sleep–wake) by interfering with the pineal gland and hormonal imbalances.
- Changes in heart rate and blood pressure.
- Impairment of health and immunity towards pathogens, weakness, exhaustion, deterioration of plumage and growth problems.
- Problems in building the nest or impaired fertility, number of eggs, embryonic development, hatching percentage and survival of chickens.
- Genetic and developmental problems: problems of locomotion, partial albinism and melanism or promotion of tumors.

In the light of current knowledge there is enough evidence of serious effects from this technology to wildlife. For this reason precautionary measures should be developed, alongside environmental impact assessments prior to installation, and a ban on installation of phone masts in protected natural areas and in places where endangered species are present. Surveys should take place to objectively assess the severity of effects.

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